**Hike**: Arizona Hot Springs — up and back or round trip **Trailhead**: Paved parking lot off Highway 93 — marked

**Distance**: 5.6 miles — up and back

Elevation gain: 586 feet (on the return trip)

Elevation peak: none

**Time**: 4 to 5 hours – Up and back

Difficulty: 2 Class: 2

**Danger level**: 3

How easy to follow: 2

Children: no

Waypoints: (WGS-84) See Page 4

Fees: None

Best season: Winter

**Driving directions**: From the intersection of Highway 93 and 95 in **Boulder City, NV**, drive east on **Highway 93** three miles through Boulder City making a left turn at the second stop light onto south 93 (also called the truck route).

Drive 7 miles to the new bridge over the Colorado River.

(Do **NOT** take the Hoover Dam exit.)

From the "Welcome to Arizona" sign at the far end of the bridge drive 3.1 miles and turn **left** at the signed White Rock Canyon Trailhead Access.



Photo 1

Carefully cross the highway and follow the paved road 0.1 of a mile to the huge parking lot. (Waypoint 1)

Comments: If you plan to soak in the hot springs, wear your bathing suit under your clothes. Once near the hot springs, there are few secluded places to change. It's also recommended bringing a pair of Tevas. It makes walking in the water easier. The hot springs produce 400 gallons of water per minute with a temperature range from 85 to 120 degrees. WARNING: an amoeba common to thermal pools may be present and could enter through your nose causing a rare infection. Do not dive into the hot springs or submerge your head. The depth of the water at the hot springs varies. Make sure to eat and drink



Photo 2

water before starting the hike back to the trailhead. The hike back is much harder due to the ascent.

The Hike: From the parking lot follow a hiker's path under the highway. See Photo 1. Once past the highway you will see a sign that reads: "Lake Mead National Recreation Area – White Rock Canyon – Lake Mojave (Colorado

River) 2.3 miles - Arizona Hot Springs 2.8 miles." However, the sign was moved to this location from the actual trail during construction. The actual trail is 100 yards south on the ridge in **Photo 2 -** Waypoint 2.



Photo 3

The trail heads SW toward the
Colorado River. In 200 yards the
trail divides; take the right fork
as indicated by the trail sign. The
trail soon drops into a wide wash
(Waypoint 3) that leads through the
magnificent White Rock Canyon.
The twisting narrow canyon is
composed of volcanic rock. Follow
the wash through the canyon almost
two miles until it ends at the majestic
Colorado River. (Waypoint 4) It

should take about an hour to reach the river.

Once at the river, the route finding and the terrain become trickier. Go south (left) onto a trail as indicated by the trail sign. You'll walk on a ledge just above the river. The trail pulls away from the river and travels to the low-angled wall in **Photo 3**. Scramble up the wall. Follow the arrows (brown and white) up the slab to the climb (class 2) in **Photo 4**. You can avoid the climb by following a path down to the right, around the rock, and back up a steep slope where it joins the trail.



Photo 4

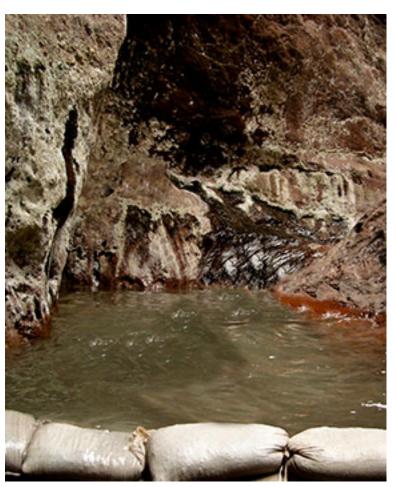


Photo 6

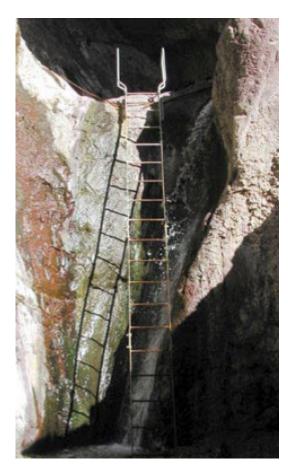


Photo 5

At the top of the climb in Photo 4 the trail resumes and soon descends rather steeply into the canyon that leads to the hot springs. You'll pass a trail marker just before entering the canyon.

Hike east (left) in the wash. You'll soon encounter water flowing from the hot springs. Be careful of slippery rocks as you climb a number of small falls. If you brought Tevas, now is the time to put them on. Climb a 20-foot steel ladder (See **Photo 5**) and continue a short distance to the hot springs. See **Photo 6**- Waypoint 5.

Don't be surprised if others are enjoying the hot springs. After soaking, it's important to eat something. The hot water zaps a person's

energy.

**To Return**: Retrace your steps down the ladder and continue about 100 yards through the canyon to a trail sign. Go right at the trail sign and follow the same trail back to White Rock Canyon. Turn right (east) and hike up the canyon for two miles. Once the canyon walls recede, look for a trail sign. Veer right onto the trail. When the trail ends, hike under the highway to your car.

